



## Replicate the Natural Look

**Paulo Varela\***

*Medico Dentist, Hospital Lusiadas, Lisboa, Portugal*

**\*Corresponding Author:** Paulo Varela, Medico Dentist, Hospital Lusiadas, Lisboa, Portugal.

**Received:** October 01, 2019; **Published:** November 01, 2019

I really believe that the only way to develop good skills in Implantology and Oral Surgery area is to work directly with patients, in this case with supervision of a mentor.

Oral implantology is one of my passions in life, I use to say that we must love our work, if we love what we do we are never working we are Always in a state of Joy.

For now, I just want to talk about some ideas about Implantology, that sometimes worries me as a professional, when we treat a patient.

The first thing we must have in our minds is a precise observation of our patients and see every patient as one particular case, we must make treatments for that patient and make a study for that patient and realize what suits him better, the standardization of treatments in my opinion are wrong procedures.

Sometimes, imperfection makes beauty, and if we think is very true, if for example a 70 years old patient with almost all teeth, in good condition, why make an all on four system, replacing all the teeth, making a beautiful prosthesis with very white teeth, if we can replace only their missing teeth and keep a natural look for that patient?

We know that the dream of our patients is to have the Hollywood smile, but if we think that smile is not natural, everybody will see something is not right.

In my opinion achieve perfection in a treatment is look to a person and don't see any strange look in that person, our job become perfect when nobody notices. Perfection in our case is discretion.

To be discreet in our area and achieve a natural look, is the supremacy of our treatments, and if we explain this for our patients, I believe they will understand and that's what they really want.

To achieve this level in our profession, oblige all professional to observe their patients very carefully and sometimes refuse some proposals of the patients.

In our modern society sometimes is difficult say no, people tend to see this attitude has a fragility, but if we think is not true, if we observe our patients and we realize that we can't achieve what that patient want, because sometimes is impossible, or to achieve that we compromise a lot of things we are showing that we are conscientious professional. In the end of the day, we want the best for our patients.

**Volume 2 Issue 12 December 2019**

**© All rights are reserved by Paulo Varela.**