



## Covid-19 Times

**Paulo Varela\***

*Dentist Doctor, Hospital Lusiadas, Lisbon, Portugal*

**\*Corresponding Author:** Paulo Varela, Medico Dentist, Hospital Lusiadas, Lisbon, Portugal.

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It is difficult not to write about this pandemic, with the amount of people dying all over the world and the ones who keep getting infected.

It's the biggest pandemic in a century, however for the first time in history we have the knowledge and the means to stop it from spreading.

This is a wakeup call for all of us and we must rethink everything, including our own practice.

Is incredible that with so many technological developments in Dentistry, we have huge problem in our hands to solve.

We have a lot of state of the art material, we have CBCT X-rays, guides for implants, even guides for sinus lift procedures, 3D printers to make crowns, onlays inlays etc. and software of facial harmonization.

Better materials of all areas of dentistry appear every day in the market, we have almost everything, to solve our patients problems, but about Covid-19 matter we are almost in Stone age.

Everything is turned upside down, in fact we must start to work in the same way as our colleagues doctors, working in infectious diseases services in the hospitals.

Dentist Doctors must be sure that they must work in a safe way and not represent an agent of public health problem.

We already knew that Dentistry is a risky profession.

Dentists use protection in daily practice and until now was enough to be protected and protect the patients.

We were already used to deal with some kind of uncertainty like the one related to the possibility of systemic infection like AIDS that our patients don't always tell us about but that isn't a huge problem since we are completely adapted to it and we know what to do. However, with this kind of virus we have a gamechanger, we are now facing an easy airborne virus with high infective power.

Our tools and methods produce a lot of aerosols that easily transport this Corona virus, so it is imperative to rethink our and our patient's protection.

The way we treat a patient will change, the way we look to our profession will and must change. I dare to say that we need higher levels of defense for this situation.

Patients must adapt to this new situation too. Usually they have some fear, specially when they see us with all the defenses in our surgeries, like special masks, surgical gowns, glasses, and all the other protective material, but they should start getting used to it. I think that, from now on, this situation will be our standard, because our offices and waiting rooms can't be a platform to spread the virus. It's our responsibility to promote, not only the health of our patients, but the health of the entire community.

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